

# YOGA RETREAT

**Spain | September 2025 | with Joy Prater**

## DATES

Arrivals: **Wednesday 17th September 2025** – From 3.00pm, dinner at 7.00pm  
Departures: **Wednesday 24<sup>th</sup> September 2025** – After breakfast

## VENUE

Our venue La Catitera is located in Almegíjar, Andalucía, Spain.

## COSTS

£650 (shared twin room)  
£750 (single room)  
£550 (bell tent/caravan)

**Included:** accommodation, food and yoga tuition.

**Not included:** flights/overland travel, transfers to and from the venue, transport to the beach/town, extra food on excursions, massage or other treatments.

## PAYMENT

A deposit of £200 is required for this retreat and you will receive payment details once you have completed your booking form. Your place is not secured until I receive your payment.

The balance will be due by **17<sup>th</sup> August 2025**.

## FLIGHTS

The closest airports to La Catitera are Granada, which is a 1hr 15min drive away and Malaga, which is a 1hr 45min drive away.

I will try to arrange transport to and from the venue, cost to be confirmed nearer the time, once I know how many people there will be.

## YOGA EQUIPMENT

Yoga mats, blocks and straps are available at the venue but you are welcome to bring your own if you prefer.

## CANCELLATION POLICY

**61+ days** from the retreat start date: Fully Refundable, free cancellation

**31-60 days** from the retreat start date: There is no refund for the £200 deposit at this stage.

**0-30 days** from the retreat start date: Any money paid at this stage is non-refundable.

**Get in touch early if you need to cancel for whatever reason.** I will do my best to re-sell your place, in which case, I will be more than happy to give you a refund, minus a £50 admin fee.

If I need to cancel the retreat (this would only happen under exceptional circumstances) I will notify you as soon as possible and will refund you any money you have paid. I cannot be held liable for any expenses which you may have incurred, such as travel, hotels or exchange rate losses.

**Life is unpredictable, so I strongly advise that you purchase travel insurance for this retreat, to avoid any disappointment.**